204: Installation of wiring systems and enclosures  
**Worksheet 1-010: Emergency procedures**

**NB**: Students must not attempt this exercise before the correct use of all tools and materials has been demonstrated

**Technical data**

* You are to make sure that you do not endanger yourself at any time and particularly during the rescue.
* In order to save a life, you must act quickly (but note the first point).

**Procedure**

1. Enter the start time on the assessment sheet.
2. You discover a colleague unconscious and suspect s/he has been electrocuted.
3. Ensuring your own safety, carry out a rescue of this colleague to ensure that their condition does not worsen.
4. Once safely rescued, carry out checks for vital life signs.
5. Summon assistance.
6. Carry out CPR as necessary.
7. When directed, place the casualty into the recovery position and make comfortable.
8. Enter the finish time on the assessment sheet.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | **YES** | **NO** |
| **1.** | Safe isolation of the mock casualty from the supply | | **□** | **□** |
| **2.** | Quick speed of action – within 10 seconds | | **□** | **□** |
| **3.** | Checked for vital life signs | | **□** | **□** |
| **4.** | Summoned help | | **□** | **□** |
| **5.** | Performed CPR correctly on mannequin | | **□** | **□** |
| **6.** | Quick speed of action – within 10 seconds | | **□** | **□** |
| **7.** | Placed casualty in the recovery position | | **□** | **□** |
| **8.** | Treated for shock by improvising methods to keep casualty warm | | **□** | **□** |
| **9.** | Correct safety procedures observed at all times | | **□** | **□** |
| Assessed by: ………....………….. | | |  | |
| Start Date & Time: ………………........………….. | | Finish Date & Time: ……...…...........…………… | | |
| Target Time: 10 minutes | | Time Taken: …………………….........…………… | | |